

Review of:

The CPG's Coaching Supervision Programme

Peer Group Supervision and Group Supervision in Coaching Practice

HANDBOOK

If Coaching Psychology Practitioners and Professional Coaches wish to achieve standards of excellence and best practice it is essential for them to engage in Supervision.

This handbook, which has been written by the Coaching Psychology Group of the Division of Work and Organizational Psychology, provides a wealth of knowledge, research, experience and resources to support both Supervisors and Supervisees' professional development. Their aim is to provide a framework, which ensures quality supervision for coaching practice and which encourages practitioners to perform at an optimum level.

This Handbook provides in-depth, researched and relevant information to ensure quality supervision for coaching practice. It specifically looks at:

Reflective Practice

Core and Advanced Coaching Competencies

Psychological Competencies

The Role and Responsibilities of Supervisor and Supervisee

The Ethical Issues of Supervision

Its focus relates to Peer Group Supervision and Group Supervision.

Supervision provides an opportunity for reflective practice. This Handbook suggests useful ways to overcome potential barriers to engaging in reflective practice and supervision.

It incorporates both core and advanced coaching competencies and provides insightful information on the coach's level of self-development.

It distinguishes between formal and tacit psychological knowledge and provides relevant and useful information on psychological theories and concepts. In addition it contains an eclectic range of approaches and models that are used in coaching.

I think practitioners will find the techniques suggested to make the peer or group supervision session productive and effective, very helpful.

This Handbook provides absolute clarity around the functions of Supervision, the competencies and qualities of both Supervisor and Supervisee at their various developmental stages.

Through the authors' research, knowledge and experience coaching and psychological competencies are illustrated and integrated effectively into a supervision framework for effective group and peer supervision in coaching practice.

This Handbook will enhance practitioners' professional development. It makes a valuable and substantial contribution to Peer Group Supervision and Group Supervision in Coaching Practice.

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